Equipment List for Weekend Hikes

Ten Essentials

- 1. Solar blanket & extra clothing
- 2. Sunglasses, Whistle, 50ft of 1/8" nylon rope
- 3. Personal first aid kit, water purification tablets
- 4. Extra food
- 5. Flashlight, spare bulb & batteries
- 6. Map of the area, pencil & paper
- 7. Compass
- 8. Waterproof matches
- 9. Candle stub
- 10. Pocket knife

Required

- 1. Sleep bag
- 2. Water bottles (2)
- 3. Ground cloth
- 4. Toothbrush & paste
- 5. Day pack
- 6. Fork & spoon
- 7. Plastic bowl & cup
- 8. Toilet paper (biodegradable)9. Extra Clevis pins
- 10. Poncho
- 11. Trash bags (2 30~33 gal.)
- 12. Wool stocking cap
- 13. Tent stakes (3)
- 14. Moleskin

Recommended

- 1. Nylon windbreaker
- 2. Jacket or sweater
- 3. Wool gloves
- 4. Inset repellant
- 5. Swim trunks/shorts
- 6. Extra bag strap
- 7. Camp shoes
- 8. Clothespins (4)
- 9. Extra socks
- 10. Extra T-shirts
- 11. Extra underwear
- 12. Extra socks

Uniform of the day

- 1. Long pants
- 2. Long sleeved shirt
- 3. Cotton socks
- 4. Boots

Forbidden

- 1. Radios
- 2. Cassette players
- 3. Televisions
- 4. Electronic games

Backpacking Checklist

Ten Essentials	Eating Gear
Solar blanket & extra clothing	Fork & spoon
Sunglasses, Whistle, 50ft of 1/8" nylon rope	Plastic bowl & cup
Personal first aid kit, water purification tablets	
Extra food	Clothing (In pack)
Flashlight, spare bulb & batteries	2 pair socks – smooth inner & wool outer
Map of the area, pencil & paper	Nylon windbreaker
Compass	Heavy jacket or sweater
Waterproof matches	Watch cap or ski cap
Candle stub	Long sleeved shirt (warm)
Pocket knife	Long pants (warm)
	1 pair undershort
Backpack Equipment	Undershirts
Pack frame, pack	Rainsuit or poncho
Attached sleeping bag straps	
Sleeping bag	Misc.
Stuff bag	Pad of paper
Ensolyte pad	Pencil
Summit (day) pack	2 medium plastic bags
Large plastic trash bag	
Tent, stakes, poles	Optional
50 ft. of 1/8" nylon cord	Tennis shoes
6 clothespins	Gloves or mittens
Plastic wash basin	Camera & film
	Hiking stick
Toilet Kit	Fishing gear & aluminum foil
Towel, washcloth	Extra wool socks
Toothbrush & paste	
Toilet paper & Trowel	
Chapstick	
Biodegradable liquid soap	

Note:

On Scout when leaving home and returning home

- Scout shirt & long pants
- Scout belt
- Socks & shoes as desired

To be worn leaving trailhead

- Shorts or long pants
- Shirts
- 2 pair socks 1 inner and 1 outer
- Hiking boots (lug shoes required)
- Wide brim hat or cap with brim